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Diplomates American Board of Oral and Maxillofacial Surgery

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OUTPATIENT INSTRUCTIONS

If you are being sedated:

1. Do not eat or drink after midnight or 8 hours prior to your surgery.
2. Any medication you normally take in the morning may be taken the morning of surgery with water unless you have been told otherwise.
3. Take any medication prescribed by this office one hour prior to surgery with water.
4. If you take insulin, do not take the morning dose, unless instructed otherwise.
5. Someone will need to wait on the premises to drive you home after the surgery and be with you the rest of the day.
6. Wear loose fitting, comfortable clothes, preferably short sleeves.
7. You will be allowed to leave after discharge instructions have been given.
8. Please list a phone number on the patient information sheet so that we may contact you the day following your surgery.